

Iowa Prep Club Teams Shot Club 2019

As part of our continued effort to help our athletes improve, we are introducing this opportunity for our 2019 Spring/Summer Season.

This is open to all members of our Iowa Prep family of athletes. We encourage all of you to participate!

Contact: John Payan, Assistant Director, TNT5 Basketball, jpayan@tnt5basketball.com,

Shots Made Goals

- 1,000
- 2,000
- 3,000
- 4,000
- 5,500

Rewards for reaching each goal:

- 1000 Made Shots:
Social media shout outs (IP Twitter & FB)
Recognition on a section of our TNT5/Iowa Prep website
- 2000 Made Shots:
Social media shout outs (IP Twitter & FB)
Recognition on a section of our TNT5/Iowa Prep website
Lanyard
- 3000 Made Shots:
Social media shout outs (IP Twitter & FB)
Recognition on a section of our TNT5/Iowa Prep website
Water bottle
- 4000 Made Shots:
Social media shout outs (IP Twitter & FB)
Recognition on a section of our TNT5/Iowa Prep website
Commemorative T-shirt
- 5,500 Made Shots:
Social media shout outs (IP Twitter & FB)
Recognition on a section of our TNT5/Iowa Prep website
One Free TNT5 skill session
- Most Shots Made In The Organization (boys and girls)
Social media shout outs (IP Twitter & FB)
Recognition on a section of our TNT5/Iowa Prep website
Free I-Pad

Types of Shots:

- Free throws (20%)
- Catch and shoot jump shots (40%)
2-point shots and 3-point shots
- Jump shots off the dribble (40%)
2-point shots and 3-point shots

How To Report Scores:

- Report All scores on the Band Application. You are on your honor in reporting your scores. DO NOT send your scores via text, e-mail or messenger.
- Scores need to be reported as soon as possible the same day you make the shots.
- No shots may be reported after August 1, 2019.
- How To Use the Band App.
Go to The App Store on your electronic device
Download the FREE Band App.
Once downloaded, search TNT5 Shot tracker
Request membership.
Once your membership is confirmed you are ready to report.

Explanations and Suggestions:

- Explanation of shots to take, locations on the basketball floor, etc.:
See our shooting manual and diagrams.
- Where to shoot:
 - Your driveway
 - A gym
 - A park
 - Anywhere
- What to use to help in your shooting:
 - A teammate
 - Cones or chairs
 - A sibling
 - A parent
 - A coach
 - A shooting machine (Dr. Dish, The Gun, etc.)